

Week 3: Sloth – Either Caring Less or Being Carefree

Definition – The question sloth asks is not how to avoid work but how best can you avoid the demands of the Christian life?

Sloth – Not as Lazy as Advertised

We think of sloth as laziness. Sloth is about escaping the work of the Christian life. This is done through apathy and avoidance. Apathy is when the Christian doesn't care about loving others or spending time with God. Avoidance is when the Christian fills their life with easy excuses as to why they cannot change themselves or serve the church. Sloth is seen as laziness but in actuality busyness is more a sign of sloth than being a couch potato.

Challenges

Put God first for a week – We fill our lives with long lists of things to do. Plan on doing something “Christian” this week that you normally don't do (reading Scripture, Bible study, or going to church). How often did excuses come in the way or almost come in the way of doing this thing?

Turn it off – As a family, turn off the television for a week. Instead, engage as a family in activities with each other during a time where one or more person might be viewing television.

Prayers

Monday – Pray Psalm 119.33-40

Tuesday – Admit to God ways you ignore Him.

Wednesday – Pray Psalm 119.33-40

Thursday – Admit to God ways you ignore Him.

Friday – Pray to God reaffirming a desire to follow Him.