

Week 1: Vainglory: It's All about How You Look

Definition – Living for approval from other people and willing to do anything to get it.

When the Search for Approval Goes Wrong

We all get a little warm inside when someone says we did something well. Vainglory doesn't mean you can't give out compliments when people earn them. Or you can't receive compliments when you earn them. Vainglory is when getting approval becomes the entire point. Everything you do is about getting praise and you are willing to do anything to get it.

The best modern definition of vainglory is being famous for being famous sake.

Challenges

Silence – This week try to go a day or two without talking about yourself. No stories or anything, instead being willing to listen to others.

Encouragement of Others – Spend the week intentionally praising other people. Be willing to point to others instead of you.

Prayers

Monday – Admit to God something you really want people to notice about you. Thank God for it.

Tuesday – Thank God for things you struggle with and want to be better at.

Wednesday – Admit to God that some people are better at things you want to be good at. Thank God for their gifts.

Thursday – Thank God for gifts and abilities your family and friends have.

Friday – List out ways you can use your gifts and abilities to serve God. Thank God for these gifts and ask for wisdom to use your gifts to glorify God.